

Lifestyle Lifestyle:

In this time of social distancing, we may not be able to go to our favorite eateries, but with a little help from your child, you can have a restaurant at home.

Lifestyle Goal:

- To help your child become a better communicator by using language
- To practice writing words easily and with automaticity

Lifestyle Materials:

- Colorful paper
- Art box*
- Play money, play credit card
- Mini pad of paper for taking orders

markers
crayons
water colors
pens
pencils
scissors
glue

Art Box

RESTAURANT REVIVAL

Living the Lifestyle:

- Have a conversation with your child about a restaurant that they might have visited in the past. Remind them about the environment, menus, signs, and the people who work there (host/ess, server, cooks, chefs, etc.).
- Make a list of all the things about restaurants that you and your child discuss. Now, your child has a checklist of what needs to be in the Home restaurant.
- Provide the materials, toys and other items needed for the restaurant. Allow time for your child to make menus, business signs, placemats, and whatever else they may want for their restaurant.
- Become the customer for your child and play multiple rounds of the restaurant. Give your child opportunities to practice language in different situations:
- For a bonus, together with your child, write a restaurant review to let the entire family know how fabulous the experience was.

Book Recommendation:

If you are looking for a book to read with your child, *I have a Restaurant* by Ryan Afromsky, explains what happens after an order is taken. Appropriate for grades K-6

